

SELBY HEALTH WALKS

Walks Programme JAN - MAR 2018

DAY	DATE	TIME	MEET AT	STILES	HILL
Thurs	-	11:00	Selby Leisure Centre – Staff organised starter walks every Thursday (Walking for Health Scheme)		
Tues	2 Jan	10:30	Cross Keys (PH), Hillam Lane, Hillam – car park		
Thurs	4 Jan	13:30	Cawood Castle, Thorpe Lane, Cawood – on street parking		
Wed	10 Jan	11:00	All Saints Church, Main Street, Saxton – on street parking		
Mon	15 Jan	10:30	Blacksmiths Arms (PH), Main Street, Naburn – on street parking		
Fri	19 Jan	13:30	Brayton Bridge, Brayton Lane – car park		
Wed	24 Jan	13:30	Selby Abbey (West Entrance)		
Mon	29 Jan	13:30	Brayton Bridge, Brayton Lane – car park		
Thurs	1 Feb	13:30	Regen Centre, Landing Lane, Riccall – car park		
Mon	5 Feb	13:30	Brayton Bridge, Brayton Lane – car park		
Fri	9 Feb	13:30	Church Community Hall, Millfield Road, West Haddlesey – car park		
Thurs	15 Feb	13:30	Playing fields, Oxen Lane, Cliffe – car park		
Sun	18 Feb	13:30	Owl Hotel, Main Road, Hambleton – please park behind the Annex		
Wed	21 Feb	11:00	Cross Keys (PH), Hillam Lane, Hillam – car park		
Mon	26 Feb	13:30	Village Green, Rawcliffe – on street parking		
Thurs	1 Mar	13:30	Skipwith Common (West/A19) – King Rudding Lane car park		
Fri	9 Mar	11:00	Drax Power Sports & Social Club – car park		
Mon	12 Mar	13:30	Barlow Common Nature Reserve – car park		
Wed	14 Mar	10:30	Sports Ground, Main Street, Ulleskelf – car park		
Fri	16 Mar	10:30	Annual General Meeting – to be held in Committee Room 1, Selby Community Centre, Scott Road		
Wed	21 Mar	13:30	St Helen's Church, Main Street, Skipwith – on street parking		
Fri	23 Mar	11:00	Brayton Farm Shop, Mill Lane, Brayton – car park		
Mon	26 Mar	10:30	Golf Clubhouse, Scalm Park Leisure, Scalm Lane – car park		
Wed	28 Mar	11:00	The Wadkin Arms, Cliffe Road, Osgodby – car park		

PLEASE HELP US TO START OUR WALKS PROMPTLY BY ARRIVING NO LATER THAN 15 MINUTES BEFORE THE PUBLIC START TIME

Remember – Wear comfortable clothing and strong, suitable footwear • **Dogs should be kept on a lead** •

SELBY HEALTH WALKS For further information: **telephone: 07922 002025** • **www.shw23.b**

Please consider entering emergency contacts in your mobile phone address book